

MARTIN LUTHER KING, JR. DAY OF SERVICE

Throughout each of our Don Guanella and Divine Providence campuses, we are celebrating, honoring, and acknowledging the achievements made by African Americans throughout history. To kick off Black History Month early, some of our residents from the Don Guanella Community Homes came together to embody Dr. King's message by helping to deliver lunch to our very deserving, local Fire Departments on our Martin Luther King, Jr. Day of Service. Thank you to all who work tirelessly to keep our community safe!



NEWSLETTER
Winter 2022



Our men from Don Guanella Homes learn about notable African Americans throughout history with a coloring activity to celebrate Black History Month.

The Communities of Don Guanella and Divine Providence
Programs Serving Individuals with Intellectual Disabilities
A Division of Catholic Social Services of the Archdiocese of Philadelphia

FEATHERED FRIEND FUN

Some of our ladies celebrated National Bird Day on January 5th by learning some fun facts about birds, such as their importance in nature and how to protect them. A special visit was paid by some guests - Binky and Fly the Parakeets, Hootie the Snowy Owl, and Chatty the Parrot.



LET'S BE SOCIAL: @DGDP COMMUNITIES



DGDP COMMUNITIES.ORG

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The Communities of Don Guanella
and Divine Providence



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A SPECIAL GIFT FROM OUR WONDERFUL SUPPORTERS

The heart and soul of our Communities stems from the kindness shown by our thoughtful supporters. Recently, we received an abundantly generous gift from the Riley Family Foundation to our Endowment Fund in honor of their lifelong friend, Katie Wolfington, a resident of Don Guanella and Divine Providence. Gifts to our Endowment Fund ensure the quality of our programs and services and work to sustain our legacy for many years to come. Through the kindness of the Riley Family Foundation and generous supporters like you, we can continue to provide the most compassionate and state-of-the-art support to the individuals entrusted in our care.



The Riley Family

STRENGTH AND CONDITIONING PROGRAM AT THE COMMUNITIES



DPV has partnered up with “EmpowerU Specialty Fitness” to provide our residents with the fitness training, education, and discussion necessary to meet their fitness goals, achieve overall wellness, and have fun while doing it. Activities include group sitting and standing classes, and individual classes for residents who need specific focus on their passive range of motion, one-on-one attention related to pre or post-op needs, and one-on-one attention related to the need for exercise programs. The fitness program is also held twice a week at our Day Programs, where our Life Sharing, CLA, and DG Community Homes residents can participate. Check out how our DPV ladies make exercise fun by using the QR code.



CELEBRATING GROUNDHOG DAY

At The Communities, everyday is a celebration. On February 2nd, the DPV ladies had fun celebrating Groundhog Day, even though Punxsutawney Phil didn't see his shadow this year and predicted 6 more weeks of winter. Regardless, we are hopeful for a quick return of the warm weather soon enough!

